### Refilling the Thank Tank

(Ephesians 5:20 et al.)

Disentanglement: Untying Our Knottiest Problem, No. 5

#### **Disentanglement Truths**

- 1. I am wonderfully created, but I am deeply flawed.
- 2. I will never "win" against sin, but I can get better at waging the war.
- 3. I get better by making many, many small choices.
- 4. I will get better by using spiritual weaponry.

#### Ephesians 5:20 (NIV)

# Always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ

#### Ephesians 5:18 (NIV)

Do not get drink on wine, Which leads to debauchery. Instead, be filled with the Spirit.

#### Ephesians 5:19 (NIV)

Speak to one another with psalms, hymns and spiritual songs.
Sing and make music in your heart to the Lord.

Ephesians 5:21 (NIV)

Submit to one another out of reverence for Christ.

#### Ephesians 5:20 (NIV)

## Always giving thanks to God the Father for everything, In the name of our Lord Jesus Christ

-Martin Rinckart Now thank we all our God, With heart and hands and voices, Who wonderous things has done, In whom this world rejoices; Whom from our mothers' arms Has blessed us on our way With countless gifts of love, And still is ours today.

### When our thanks tanks We need to refill with the Holy Spirit.