Disentanglement Truths

- 1. I am wonderfully created, but I am deeply flawed.
- 2. I will never 'win' against sin, but I can get better at waging the war.
- 3. I get better by making many, many small choices.
- 4. I will get better by using spiritual weaponry.

How Do You Untie the Knot?

(1 John 1:5-10)

Disentanglement: Untying Our Knottiest Problem, No. 3

1 John 1:5 (NIV)

This is the message we have heard from him and declare to you:

God is light; in him there is no darkness at all.

1 John 1:6 (NIV)

If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth.

1 John 1:7 (NIV)

But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

1 John 1:8 (NIV)

If we claim to be without sin, we deceive ourselves and the truth is not in us.

1 John 1:9 (NIV)

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

1 John 1:10 (NIV)

If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.

- v. 6—"If we claim to have fellowship and walk in darkness..."
- v. 8—"If we claim to be without sin..."
- v. 10—"If we claim we have not sinned..."

Galatians 5:19-21a (NIV)

The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like.

Psalm 139:23-24 (NIV)

Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴See if there is any offensive way in me, and lead me in the way everlasting.

Mark 7:21-22 (NIV)

For from within, out of men's hearts, come evil thoughts, sexual immorality, theft, murder, adultery, ²²greed, malice, deceit, lewdness, envy, slander, arrogance and folly.

Colossians 3:5, 8–9 (NIV)

...whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. 8...anger, rage, malice, slander, and filthy language... ⁹Do not lie....

Seven Deadly Sins

Lust Gluttony Greed Sloth Anger Envy **Pride**



Different Forms of Pride:

vanity, arrogance, snobbery, racism, irreverence, disobedience, entitlement, selfishness, self-absorption, self-centered, conceit, etc.

Action Points

- 1. Identify your "signature sin(s)."
- 2.
- 3.
- 4.

Action Points

- 1. Identify your "signature sin(s)."
- 2. Confess your "signature sin(s)."
- 3.
- 4.

1 John 1:9 (NIV)

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

—Abba Poemen

"Teach your mouth to say that which you have in your heart."

Some sins are like wild beasts.

Examples: anger, lust, impurity, idolatry, selfish ambition, drunkenness, greed, malice, etc.

Some sins are like stains.

Examples: mockery, disrespect, hatred, discord, jealousy, filthy language, etc.

Some sins are like a debt.

Examples: stealing, theft, slander, etc.

Some sins are like treason.

Examples: murder, adultery, betrayal, bribery, etc.

Some sins are like a bad smell.

Examples: pride, foolishness, negativity, ingratitude, complaining, etc.

Action Points

- 1. Identify your "signature sin(s)."
- 2. Confess your "signature sin(s)."
- 3. Pray for the opposite.
- 4.

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- 1. Identify your "signature sin(s)."
- 2. Confess your "signature sin(s)."
- 3. Pray for the opposite.
- 4. Ask another person to refine your "signature sin(s)."

Morning Prayer (Author Unknown)

Dear Lord, So far I've done all right. I haven't gossiped, I haven't lost my temper, I haven't been greedy, grumpy, nasty, selfish, or overindulgent. I'm really glad about that.

Morning Prayer (Author Unknown)

But in a few minutes, God, I'm going to get out of bed. And from then on, I'm going to need a lot more help.