

The Heights of Humility

(Philippians 2:5-11)

Lighten Up, No. 10

Philippians 2:5 (NIV)

**Your attitude should be the same
as that of Christ Jesus:**

Philippians 2:6-7 (NIV)

**Who, being in very nature God,
did not consider equality with God
something to be grasped,
7but made himself nothing,
taking the very nature of a servant,
being made in human likeness.**

Philippians 2:8 (NIV)

**And being found in appearance as a man,
he humbled himself
and became obedient to death—
even death on a cross!**

Philippians 2:9 (NIV)

**Therefore God exalted him
to the highest place
and gave him the name
that is above every name,**

Philippians 2:10-11 (NIV)

**that at the name of Jesus
every knee should bow,
in heaven and on earth
and under the earth,
¹¹and every tongue confess
that Jesus Christ is Lord,
to the glory of God the Father.**

Jesus (Philippians 2:6-11)...

Form of God

God glorified

Equality w/ God

Tongues confess

Emptied Self

Knees bow

Bond-servant

Above all names

Human likeness

Highly exalted

Death on the cross

Jesus Christ...

**1. existed in the “very nature God”—
“form of God” (2:6a)**

2.

3.

Jesus Christ...

- 1. existed in the “very nature God”—
“form of God” (2:6a)**
- 2. humbled Himself in becoming
human (2:6b-8a)**
- 3.**

Jesus Christ humbled Himself in becoming human (2:6b-8a)

A. Jesus “did not consider equality with God something to be grasped” (2:6b).

B.

C.

Jesus Christ humbled Himself in becoming human (2:6b-8a)

- A. Jesus “did not consider equality with God something to be grasped” (2:6b).**
- B. Jesus “made himself nothing”—“emptied himself” (2:7a)**
- C.**

Jesus Christ humbled Himself in becoming human (2:6b-8a)

- A. Jesus “did not consider equality with God something to be grasped” (2:6b).**
- B. Jesus “made himself nothing”—“emptied himself” (2:7a)**
- C. Jesus took on “the very nature of a servant” (2:7b)**

Jesus Christ humbled Himself in becoming human (2:6b-8a)

D. Jesus was “made in human likeness” (2:7c).

E.

F.

Jesus Christ humbled Himself in becoming human (2:6b-8a)

D. Jesus was “made in human likeness” (2:7c).

E. Jesus was “found in appearance as a man” (2:8a).

F.

Jesus Christ humbled Himself in becoming human (2:6b-8a)

D. Jesus was “made in human likeness” (2:7c).

E. Jesus was “found in appearance as a man” (2:8a).

F. Jesus became “obedient to death—even death on a cross” (2:8b)

Jesus Christ...

- 1. existed in the “very nature God”—
“form of God” (2:6a)**
- 2. humbled Himself in becoming
human (2:6b-8a)**
- 3. was exalted by God (2:9-11)**

Jesus (Philippians 2:6-11)...

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Action Points

1. Humble yourself.

2.

3.

Six Dimensions of Humility

- **Accurate view of oneself (neither too high or low)**
- **Ability to acknowledge mistakes and limitations**
- **Openness to new ideas**
- **Keeping one's accomplishments and abilities in perspective**
- **Relatively low self-focus**
- **Appreciating diverse perspectives**

Three Dimensions of Humility

- **Accurate view of oneself (neither too high or low)**
- **Considers others and not just oneself**
- **Teachable—open to the possibility of being wrong**

How to Speak Humility

- **Hello**
- **Please**
- **Thank You**
- **I'm sorry. Excuse me.**
- **Can I help?**

Action Points

- 1. Humble yourself.**
- 2. Maintain unity.**
- 3.**

Action Points

- 1. Humble yourself.**
- 2. Maintain unity.**
- 3. Embrace Jesus.**