### Are You Tied Up in Knots? (Hebrews 12:1-2 et al.)

### Hebrews 12:1 (NIV)

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.

### **Disentanglement:**

### **Untying Our Knottiest Problem**

### Hebrews 12:2 (NIV)

Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

## 1. I am wonderfully created, but I am deeply flawed.

2. 3. 4.

 I am wonderfully created, but I am deeply flawed.
 I will never 'win' against sin, but I can get better at waging the war.
 3.

4.

- 1. I am wonderfully created, but I am deeply flawed.
- 2. I will never 'win' against sin, but I can get better at waging the war.
  3. I get better by making many, many small choices.
- 4.

### Hebrews 11:25 (NIV)

He [Moses] chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time.

1. I am wonderfully created, but I am deeply flawed. 2.1 will never 'win' against sin, but I can get better at waging the war. 3. I get better by making many, many small choices. 4. I will get better by using spiritual weaponry.

### **Spiritual Weaponry**

# God's Word God's Spirit God's Conviction

### **Action Points**

## Make a list of what God has given you. 2.

3.

### Max Lucado—

If God had a refrigerator, your picture would be on it. If He had a wallet, your photo would be in it. He sends you flowers every spring and a sunrise every morning. Whenever you want to talk, He'll listen. Face it, friend. He's crazy about you.

### **Action Points**

### Make a list of what God has given you. Make a right choice today, no matter how small.

3.

### There's a Hole in My Sidewalk

I walk down the street. There is a deep hole in the sidewalk I fall in. I am lost. I am helpless. It isn't my fault. It takes forever to find a way out.

There's a Hole in My Sidewalk I walk down the same street. There is a deep hole in the sidewalk. I pretend I don't see it. I fall in again. I can't believe I am in the same place. But, it isn't my fault. It still takes me a long time to get out.

There's a Hole in My Sidewalk I walk down the same street. There is a deep hole in the sidewalk. I see it is there. I still fall in. It's a habit. My eyes are open. I know where I am. It is my fault. I get out immediately.

### There's a Hole in My Sidewalk I walk down the same street. There is a deep hole in the sidewalk. I walk around it.

#### There's a Hole in My Sidewalk

I walk down another street.

### **Action Points**

## Make a list of what God has given you. Make a right choice today, no matter how small. Rejoin the good fight.