

A photograph of a lone, gnarled tree with green foliage growing from a rocky, moss-covered cliff. The tree's trunk is dark and twisted, leaning slightly to the right. The background shows a vast, hazy valley with rolling hills and a small body of water in the distance. The sky is overcast and grey.

**Journey:
Suit Up and
Stand Firm!**



The Christian Life Is One of War

- We live in occupied territory.
- We are called to fight.
 - *Satan has a plan for your life.*
 - *God has a better plan for your life.*

Suit Up and Stand Firm!

- **The belt of truth**



How to Gird Up Your Loins

The Art of
MANLINESS
EST. 2008



1. The tunic wouldn't allow you to do heavy labor or fight in battle, necessitating the "girding" of one's loins.



2. First, hoist the tunic up so that all the fabric is above your knees. This will give you mobility.



3. Gather all the extra material in front of you, so that the back of the tunic is snug against your backside.



4. Once the excess fabric is gathered in front, pull it underneath and between your legs to your rear. This feels much like a diaper.



5. Gather half of the material in each hand, bringing it back around to the front.



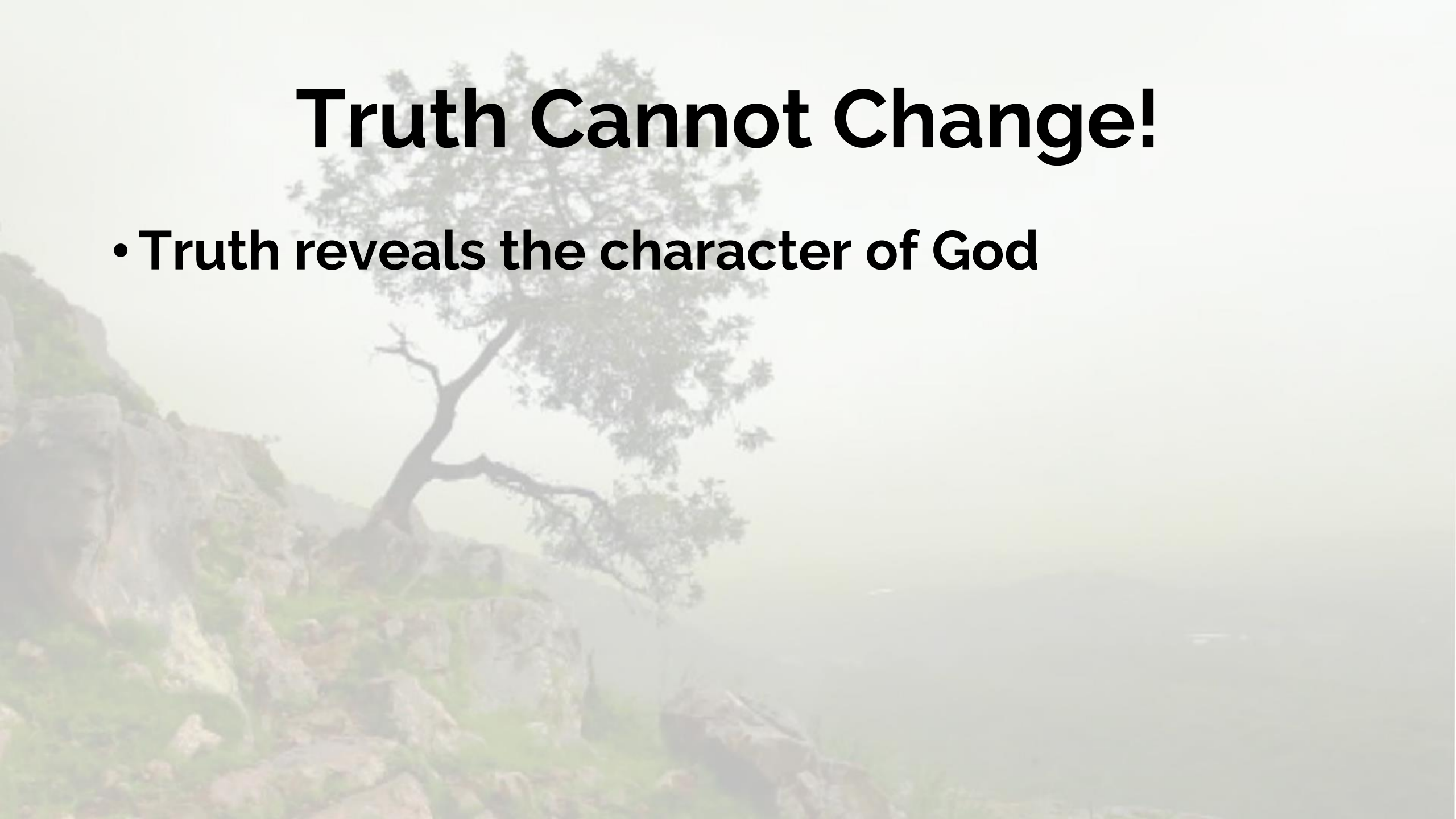
6. Finally, tie your two handfuls of material together, and you're all set for both battle and some hard labor. Go forth, ye men, and gird up your loins!

Trinity of Truth

- Truth originates with God the Father
- Truth leads us to Jesus.
- Truth is taught by the Holy Spirit.

Truth Cannot Change!

- **Truth reveals the character of God**



Watch Out!

- **Vulnerabilities**
- **Turn Signals**
- **Code Words:**

Fighting for Truth

- **Prepare for Battle**
 - Know ABOUT God
 - Know PERSON of God
 - Learn Bible doctrine
 - Practice obeying truth

Fighting for Truth

- **Engage in Battle**

- Acknowledge
- Search
- Seek
- Submit

Suit Up and Stand Firm!

- The belt of truth
- The breastplate of righteousness
 - *We live life in defiance of sin. (Ephesians 2:2, 4:22; Colossians 3:5).*
 - *We live life in defiance of sin **because** we know our enemy is a liar.*
 - *We live life in defiance of sin **so that** we might live life in freedom from sin in increasing measure.*



Suit Up and Stand Firm

**What God creates in the new birth is not
a sinless Christian but a sin fighter!**

—John Piper