#### Ephesians 5:1-6

Be imitators of God, therefore, as dearly loved children <sup>2</sup> and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

<sup>3</sup> But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. 4 Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. 5 For of this you can be sure: No immoral, impure or greedy person—such a man is an idolater—has any inheritance in the kingdom of Christ and of God. 6 Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient.



• I must admit my reality.

- I must admit my reality to myself and others.
  - My sexuality wars within me.

#### 1 Thessalonians 4:1-5

4 Finally, brothers, we instructed you how to live in order to please God, as in fact you are living. Now we ask you and urge you in the Lord Jesus to do this more and more. <sup>2</sup> For you know what instructions we gave you by the authority of the Lord Jesus.

<sup>3</sup> It is God's will that you should be sanctified: that you should avoid sexual immorality; <sup>4</sup> that each of you should learn to control his own body in a way that is holy and honorable, <sup>5</sup> not in passionate lust like the heathen, who do not know God

- I must admit my reality to myself and others.
  - My sexuality wars within me.
  - My anger, bitterness, and grudges war against my heart.

- I must admit my reality to myself and others.
- I must realign my heart daily.
- I must keep it real.

### We Must Humble Ourselves

- Challenge complacency in self and others
- Admit my reality to self and others
- ·It's time to grow up.