

Anger:

***What Should I Do When I Get
Really Mad?***

James 1: ¹⁹ My dear brothers, take note of this: Everyone should be quick to listen, slow to speak, and slow to become angry, ²⁰ for man's anger does not bring about the righteous life that God desires.

Anger can Lead us Into a Minefield of Trouble!

- *An angry person is infectious – Proverbs 22.24-25.*
- *Trouble and broken relationships always follow an angry person – Proverbs 29.22.*
- *Anger gives Satan a stronghold in our lives – Ephesians 4.26-27.*

*James 1: ²¹ Therefore, get rid of all
moral filth and the evil that is SO
prevalent*

Take Your Anger Seriously!

- *Admit that there is a problem.*
- *Take out the trash!*

Take Your Anger Seriously!

– *What makes a person bitter?*

Take Your Anger Seriously!

–*How can you tell if you're cultivating bitterness?*

Take Your Anger Seriously!

- *Admit that there is a problem.*
- *Take out the trash!*
- *Pursue “shalom”.*

Take Your Anger Seriously!

– *What is a “kind” person like?*

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– *What is a “compassionate” person like?*

Psalm 25: ²⁰ Guard my life and rescue me; let me not be put to shame, for I take refuge in you. ²¹ May integrity and uprightness protect me, because my hope is in you.