

Conflict:

Good advice for handling the heat

Every Relationship Will Be Tested and When Those Tests Come...

- *Why is listening such a huge priority especially when relational tensions begin to build?*
- *How do you listen well?*

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- *Do I listen more than I speak?*
- *Do I make the effort to understand another person's story.*
- *Do I give people my undivided attention when they are talking to me or am I often distracted?*
- *Do I ask for clarification when I am not clear on something or do I presume to know and fill in the blanks?*
- *Do I interrupt so I can get my point across?*

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*“Being heard is so close to being loved that
for the average person, they are almost
indistinguishable.”*

David Augsburger, Caring Enough To Hear and Be Heard

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- *Are you thinking before you're speaking?*
– *Proverbs 15.28; Ephesians 4.29*
- *Is this moment the time to speak?* –
Proverbs 17.27

Psalm 25: ²⁰ Guard my life and rescue me; let me not be put to shame, for I take refuge in you. ²¹ May integrity and uprightness protect me, because my hope is in you.